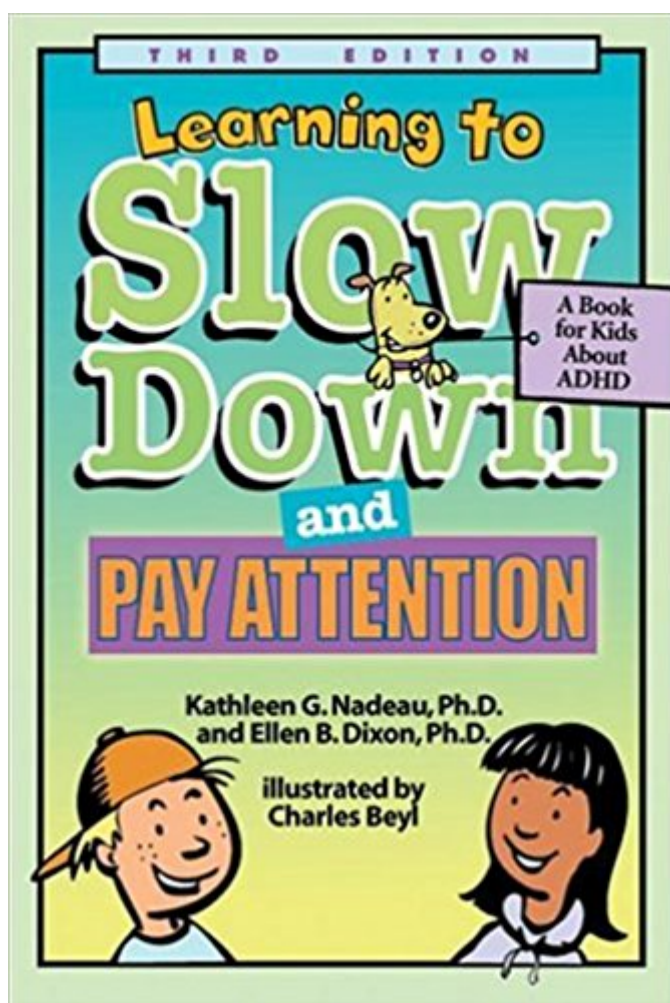


The book was found

Learning To Slow Down & Pay Attention: A Book For Kids About ADHD



Synopsis

This third edition of reflects changes in understanding of ADHD and in our approach to its treatment.. While the majority of what's written about ADHD emphasizes behaviors that bother adults, this book emphasises those aspects of ADHD that are troublesome to the children, trying to look at the world more from their point of view.

Book Information

Paperback: 95 pages

Publisher: Magination Press; 3rd edition (September 1, 2004)

Language: English

ISBN-10: 1591471559

ISBN-13: 978-1591471554

Product Dimensions: 6.3 x 0.3 x 9 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 4.5 out of 5 stars 123 customer reviews

Best Sellers Rank: #11,174 in Books (See Top 100 in Books) #31 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Special Needs](#) #105

[in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Self-Esteem & Self-Respect](#) #156 in [Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Emotions & Feelings](#)

Age Range: 4 - 8 years

Grade Level: 4 - 3

Customer Reviews

As a mental health professional, "Learning to Slow Down and Pay Attention" is my go to resource for ADHD. I purchase a personal copy for each one of my clients diagnosed with this condition as it promotes UNDERSTANDING, ACCEPTANCE, OWNERSHIP, and EMPOWERMENT. It's also a great tool to initiate PARENT-CHILD COMMUNICATION. I saw reviews that mentioned using it with their elementary age kids (8 and 9), but my recommendation would be to use it with middle to high school age kids. It's not the most exciting book (from a child's perspective), but it's beneficial and cost effective and written just for them. To a normal functioning individual (or even a parent or adult) these practical solutions may seem like a matter of "common sense", but to a child whose executive functioning is disrupted by ADHD they are useful tips to enhance their personal development and social skills.

I bought this book as an elementary counselor. It is very basic and written for the child to read. In terms of grade level for reading, 4th grade and up. There is a really good checklist for kids with ADHD to help them see themselves more clearly.

GREAT....really brings the child into a conversation!

My daughter loves this book. She is 8 years old, and has some attention and organization issues but not diagnosed with ADHD as of yet but borderline. Useful book on ways to improve without medication.

The students I had read this as part of our class really enjoyed it. It did not look too overwhelming.

A good starter book. Not as detailed as I hoped. Did not keep the attention of my 9 year old (adhd). Although it did help give him a better grasp of what adhd. Written well just needs to be expanded!

At first my 11 year old son did not want to read it because it looked like a little kids' book, but eventually he sat down to read it with us. He found the info on how to clean your room most helpful and we set up a "launching pad" like the book suggest. My son does not have the hyperactive part of ADHD and a lot of the book addressed issues that he does not have. When reviewing the checklists he kept saying: "That's not me." We ended up skipping parts of it. I would like to see a second version of this book geared towards tweens and I wish there was more information available for the kids that are not hyperactive and do not have behavior issues. I think this book is more for the 5-9 year old crowd, but once my son got into it he found it helpful and parts of it were very funny. I'm glad we have the book and would purchase it again.

This is a great book for kids with ADHD. My 8-yr old daughter was worried there was something seriously wrong with her when she was diagnosed with ADHD. This book helped explain that people with ADHD just think differently, and that's ok!We read the book together (I have ADHD as well), it provided all kinds of great tips for both of us.This was an excellent purchase to help any child understand that having ADHD is not a bad thing. It just means you have to do things a little different than people without ADHD.

[Download to continue reading...](#)

Learning To Slow Down & Pay Attention: A Book for Kids About ADHD
Slow Cooker Recipes: 2,000 Delicious Slow Cooker Recipes Cookbook (Slow Cooker Recipes, Slow Cooker Cookbook, Slow Cooker Chicken Recipes, Slow Cooker Soup Recipes) ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) Crock Pot: Everyday Crock Pot and Slow Cooker Recipes for Beginners(Slow Cooker, Slow Cooker Cookbook, Slow Cooker, Slow Cooker Cookbook, Crockpot Cookbook, ... Low Carb) (Cookbook delicious recipes 1) The Insider's Guide to ADHD: Adults with ADHD Reveal the Secret to Parenting Kids with ADHD ADHD Diet For Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet) KETO SLOW COOKER: 120 Delicious, Quick and Easy Ketogenic Slow Cooker Recipes (keto, ketogenic, ketogenic cookbook, slow cooker, slow cooking, ketogenic ... weight loss, paleo, low carb, cleanse) Thai Slow Cooker Cookbook: 51 Classic Thai Slow Cooker Recipes with Step By Step Procedure (Thai Recipes, Thai Slow Cooker Recipes, Thai Slow Cooker Cookbook, ... Cooker, Simple Thai Cookbook, Thai Cooking) Delicious Crockpot Recipes: A Full Color Crockpot Cookbook for your Slow Cooker (Crockpot;Crockpot Recipes;Slow Cooker;Slow Cooker Recipes;Crockpot Cookbook;Slow ... Cookbook;Crock Pot;Crock Pot Recipes;Cro 1) Slow Cooker Cookbook: 1001 Best Slow Cooker Recipes of All Time (Slow Cooking, Slow Cooker, Meals, Chicken, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Breakfast, Lunch, Dinner) Slow Cooker Cookbook: 1001 Best Slow Cooker Recipes of All Time (Fast and Slow Cookbook, Slow Cooking, Crock Pot, Instant Pot, Electric Pressure Cooker, Vegan, Paleo, Dinner, Breakfast, Healthy Meals) Small Time Operator: How to Start Your Own Business, Keep Your Books, Pay Your Taxes, and Stay Out of Trouble (Small Time Operator: How to Start Your ... Keep Yourbooks, Pay Your Taxes, & Stay Ou) Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Parenting ADHD Now!: Easy Intervention Strategies to Empower Kids with ADHD Slow Cooker Cookbook: Chef Approved Slow Cooker Recipes Made For Your Slow Cooker – Cook More Eat Better (Crock Pot Book 1) Slow Cooking for Two: Delicious Stew Recipes For your Slow Cooker (Slow Cooker - Large Print Book 2) Slow Cooking for One: Over 170 Quick & Easy Gluten Free Low Cholesterol Whole Foods Slow Cooker Meals full of Antioxidants & Phytochemicals (Slow Cooking Natural Weight Loss Transformation Book 8) Slow Cooking for One: Over 160 Quick & Easy Gluten Free Low

Cholesterol Whole Foods Slow Cooker Meals full of Antioxidants & Phytochemicals (Slow Cooking Natural Weight Loss Transformation Book 7) Paleo Slow Cooker: Healthy Delicious Paleo Diet Slow Cooker Recipes for Your Family (Slow cooker recipes, Low carb diet, Paleo diet recipes, Paleo Cookbook, Ketogenic Diet, Ketogenic recipes)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)